

OH WOW!

Upcycled Bottle Bowling



Materials :

- Plastic bottles
- Red paint
- White paint
- Masking tape
- Paint brushes
- Tennis balls

Procedures :

1. Use white paint to paint the outside of plastic bottles. Let dry
2. Measure pieces of masking tape to fit around the bottle.
3. Use red paint to paint the masking tape pieces red. Let dry
4. Wrap 2 pieces of red masking tape around each bottle.
5. Set up the pins, roll the ball, and begin the game!
6. Note: You can add sand, water, or pebbles to each bottle to add extra weight. This is not essential to the game.

The Science Behind It :

Upcycling and recycling are both ways that we can reduce the amount of waste that we put into the environment. **Upcycling** is just like recycling, but it's when we recycle an item and make something better out of it. This DIY game is a great way to show how we can turn something small, like plastic bottles, and turn it into a game for friends and families to play!

Additional Resources :

1. <https://www.youtube.com/watch?v=6IcIrF3Yio4>

2. <https://www.youtube.com/watch?v=bcxhrZmmP74>
3. <https://www.pinterest.com/pin/339740365611273961/>
4. <https://www.pbs.org/parents/crafts-and-experiments/go-bowling-with-plastic-bottles>